

# **DELTA YOUTH HUB**

#### Introduction

The Delta Youth Hub is a project made possible by the joint efforts of several community partners, including the City of Delta, Delta School District, the Delta Police Department, Fraser Health, Pacific Community Resources Society (PCRS), and local community groups that are part of the <u>Delta Children and Youth Committee (CYC)</u>. These partnerships show a strong commitment to improving services for youth in the community.

#### **CYC Youth Action Team**

The Youth Action Team (YAT) focuses on youth aged 13-18 and their families, within the Delta Child and Youth Committee (CYC), ensuring their voices are heard and needs are prioritized in the CYC's goals and the YAT's annual work plans.

# Why a Youth Hub in Delta?

Young people are the future of our communities, and their well-being is greatly impacted by their surroundings and daily experiences. Here's why a Youth Hub is needed in Delta:

- Although there are programs for youth in Delta, there are still service gaps, and no single place where youth can find different types of support and have a safe space to hang out.
- In a 2021 survey with community agencies, North Delta was identified as the area
  most lacking in services for youth. Teenagers (13-15) and older youth (16-18) were
  found to be the most underserved groups, especially those who are more
  vulnerable. Service providers highlighted the need for better coordination across the
  community.
- A 2022 survey of 480 Delta residents identified that creating more youth services and spaces was one of the top priorities for our community. The City of Delta made children and youth one of the key priorities in their <u>2023-2028 Social Action Plan:</u> <u>Mobilizing and Driving Equity (MADE) in Delta.</u>
- The CYC formed a Youth Action Team and community partners have been working for years to bring a Youth Hub to Delta.



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#### What have we done?

- **2018** The CYC applied for funding to create a youth hub, called <u>a Foundry</u>, to help youth access local supports.
- 2022 Pop ups in Schools two drop in pop ups were created for youth ages 12-18 (in South Delta, at Delta Secondary, and in North Delta, at North Delta Secondary), staffed by district youth workers, PCRS staff, and Delta Police. Delta Secondary School is still open each Thursday from 3:00-5:30pm where food, activities and a drop in space is available for youth to connect with peers and youth workers.
- 2022/2023 On behalf of the CYC, Delta Police Department and City of Delta secured
   Provincial funding to initiate the Nothing About Us Is Without Us project. A consultant
   reviewed youth services in other communities, and surveys and focus groups with youth,
   parents, and service providers highlighted the need for more support in Delta,
   particularly in mental health. Key findings were:
  - ◆ Our Youth Need More Support: According to 2033/24 MDI report, 41% of Grade 8 students in Delta had at least one low score out of five in the study's measures of well-being for: optimism happiness, self-esteem, absence of sadness and general health.
  - ♦ Services are not easily Available: 54% of Delta's parents who participated in the *Nothing About Us Is Without Us* survey in 2023 reported needing to leave Delta for services for their children, and 44% of parents reported seeking medical or mental health services in the past.
  - ♦ Need for Culturally Appropriate Services: As of 2021, over 8% of all Delta children 0–14-year-old and 17% of youth aged 15-24 were immigrants. There is a need for more programs tailored to immigrant youth.



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#### 2024

Videos were created with members of the CYC Youth Advisory to show the importance of a Youth Hub. The Delta Police Department <u>presented to Mayor and Council;</u> who unanimously approved the space for the Youth Hub in North Delta Recreation Centre.

• Cynthia: <a href="https://youtu.be/l6k7sAyUReU">https://youtu.be/l6k7sAyUReU</a>

• Grace: <a href="https://youtu.be/f4lrOpzMRQ8">https://youtu.be/f4lrOpzMRQ8</a>

• Olivia: <a href="https://youtu.be/LA1S7hTXmh4">https://youtu.be/LA1S7hTXmh4</a>

• Trin: <a href="https://youtu.be/3B0Bw2717os">https://youtu.be/3B0Bw2717os</a>

### 2025

The planned Youth Hub will bring together various services such as: mental health support, counseling, and recreational activities in one youth-friendly place. This approach will help meet the various needs of Delta's youth. Read an article in North Delta Reporter.